



**I Love Sundays:
*Good Sundays Make Better Mondays***

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Two steps to make Sundays great:

1. _____ God's _____ for Your _____.
(Exodus 20:8; Deuteronomy 5:12)

2. _____ for _____ as if it's the
_____ of your _____. (Psalm 122:1)

How to Change the Rhythm of Your Life:

1. _____ out the next 4 _____.

2. _____ out your advanced _____.

3. _____ chapters ____ & ____ in *I Love Sundays*.

4. _____ next _____.

Today's Takeaway:

_____, so _____,

(take a Sabbath), and _____ the Sabbath

and your _____ (and the rest of your week)

will be _____ !

*What are you going to do in response to today's
message?* _____
