

## Patience

For the past few weeks we have been looking at the virtues, or characteristics of the Christian's life. We've looked at love, joy, peace, self-control and hope. Today, we come to patience.

We all have multiple opportunities every day to **keep our cool** or **lose it**. The areas where we tend to become impatient usually revolve around one of two things... **People** or **Time!**

**Life is stressful... that's a fact!** But listen carefully...

**Impatience... and being like Jesus... don't go together.**

***How does God provide the help I need to deal with stress?***

1. By \_\_\_\_\_ (2 Peter 3:9; Psalm 86:15, NIV)
2. By \_\_\_\_\_ (Galatians 5:22; James 1:3-4)
3. By \_\_\_\_\_ (Eph. 4:2; 1 Cor. 12:4; Ps. 103:8)

### HOW TO DEVELOP PATIENCE

1. \_\_\_\_\_ (Proverbs 15:18)
2. \_\_\_\_\_ (James 1:12)

What are you missing because you are too impatient to wait for it?

What I will do with this message: \_\_\_\_\_

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### 2 Peter 3:9 (NLT)

*<sup>9</sup> The Lord isn't really being slow about his promise, as some people think. No, he is being patient for your sake. He does not want anyone to be destroyed, but wants everyone to repent.*

### Psalm 86:15 (NLT)

*<sup>15</sup> But you, O Lord, are a God of compassion and mercy, slow to get angry and filled with unfailing love and faithfulness.*

### Galatians 5:22 (NLT)

*<sup>22</sup> But the Holy Spirit produces this kind of fruit in our lives: love, joy, peace, patience, kindness, goodness, faithfulness,*

### James 1:3-4 (NLT)

*<sup>3</sup> For you know that when your faith is tested, your endurance has a chance to grow. <sup>4</sup> So let it grow, for when your endurance is fully developed, you will be perfect and complete, needing nothing.*

### Ephesians 4:2 (NLT)

*<sup>2</sup> Always be humble and gentle. Be patient with each other, making allowance for each other's faults because of your love.*

### 1 Corinthians 12:4 (NLT)

*<sup>4</sup> There are different kinds of spiritual gifts, but the same Spirit is the source of them all.*

### Psalm 103:8 (NLT)

*<sup>8</sup> The Lord is compassionate and merciful, slow to get angry and filled with unfailing love.*

### Proverbs 15:18 (NLT)

*<sup>18</sup> A hot-tempered person starts fights; a cool-tempered person stops them.*

### James 1:12 (NLT)

*<sup>12</sup> God blesses those who patiently endure testing and temptation. Afterward they will receive the crown of life that God has promised to those who love him.*